

MINUTES OF CLUB MEETING
PROBUS CLUB OF TEMPLESTOWE VALLEY Inc.
Held at Ajani Centre, 284 Thompsons Road Lower Templestowe, 3107
On Monday 08/09/ 2025

- 1 President, Pam Brown declared the meeting open at 9.46am and welcomed members.
Visitors: Pat McCormack, Greg Collis-Brown (Speaker).
- 2 **Confirmation of Minutes**
Amendment: The dates for the August Treasurer's report should read :- Treasurer's report for July and Balance as at 31 of July. Not June the 30th as stated.
- That the minutes of the Club Meeting held on the 11/08/2025 as circulated and amended be confirmed.**
Moved: Pam Brown **Seconded:** Jenny Powell **Carried**
- The confirmed minutes were signed by the President.**
- 3 **President's Report** **Pam Brown**
- If you have a special skill, interesting hobby or activity that you would like to share with a mini talk, please let me know as it is a great way of finding out more about each other.
- We would also like to celebrate your special occasions, e.g. 50th or 60th wedding anniversaries, Big "0" birthdays (if not a secret!), new grandchildren or great-grandchildren, etc. (No need to supply cakes – thanks, Liz & George).
- The football finals will have commenced by the next meeting, so perhaps we could dress in our favourite team's colours. GO CATS!!
- Downton Abbey - The Grand Finale is to be arranged for next Wednesday with a booking made for lunch afterwards. Expression of interest form at back of hall. Add Palace Cinema registration if a member. \$10 for Palace Cinema members. \$12 for non members.
- Motion: That the President's report be received**
- Moved:** Pam Brown **Seconded:** Rita Webb **Carried**
- 4 **Secretary's Correspondence Report: Aug- Sept 2025** **Jenny Mirams**
INWARDS
- PSPL concerning new PSPL partners (forwarded to all members by webmaster)
- Blue Lotus Watergardens re 20th Lotus flower season. Forwarded to Events, Trips and Outings for information. Details at back of hall.
- Invitation from Aveo to morning tea at Roseville Retirement Village. Forwarded to Events, Trips and Outings for information.
- OUTWARDS**
None
- I move that the inward correspondence be received and the outward correspondence be endorsed.**
- Seconded** Rhonda Sinclair **Carried**
- 5 **Fellowship Lunch**
Our Fellowship Lunch will be held at Manningham Club
Number attending = 20

Birthdays

Beverley Bartholomew, Ray Cooper, Grant Cruickshank, Lesly Empy,
Francis Fernandez, Jan Hammond, Anne Lukeman, Wilma Pontefract, Val Reid,
Frank Schlechta, Maurelle Thompson, Peter Vander Sluys.

Treasurer's Report: August 2025

Liz Turner for Frank Schlehta

Balance as at 31/08/2025

Club funds	\$ 5,979.07
Activity funds	\$ 806.55
Craft group funds	\$ 5,379.27
Total funds	\$12,164.89

Total funds represented by:

Bendigo Bank Account	\$12,164.89
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Motion

That the Treasurer's Report be accepted

Moved: Liz Turner **Seconded:** Wilma Pontefract **Carried**

Welfare Report:

Sue Hudson

Best wishes to our members currently undergoing treatment and congratulations to those that have completed their rehabilitation. We seem to keep the staff at Donvale busy.

Please don't forget to share good news such as Val and John Reid on the arrival of their first great grandchild.

The Welfare officer would like to thank everyone for their welfare checks after her minor accident .

Membership Report:

Bernadette Mithen

Thank you to all who responded to my request for Table Helpers. I will be in touch with you shortly.

Things have been fairly quiet on Membership this month. Our numbers are steady at 136.

Just the usual reminders to:

- keep an eye out for our newer members at fellowship break,
- wear your name tags to club meetings, as this does help when checking in.
- send an apology if not attending the meeting

Registration table helpers

Lyn Crosbie and Lyverne Newson

Attendance Report

Bernadette Mithen

Member Attendance: 91 Visitors: 1 Speaker: 1 Total number present: 93

Motion

That the Attendance, Welfare and Membership reports be received

Moved: Pam Brown **Seconded:** Lyn Crosbie **Carried**

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Activities Report

Irene Baird

Happy Fathers' Day. I hope you were all spoilt yesterday!

* Day Activities - Special Outings.

Check out our newsletter, there is certainly lots going on:

Crazy Whist Sunday 16 November 2025

see Marion Cummins

At Doncaster library on 9/9/2025 member of Doncaster library

demonstrating how to save photos for use in other areas. see Pat Marsh

Alowyn Gardens 15/9/2025. Final payment today. See newsletter for

full details.

see Jeni Moodie

* Theatre approved last month:

Midweek Matinee at The Round Wednesday 10 December morning tea 9-9.30

show 11am

see Anne Rossi

Sister Amnesias Country Western - Lilydale Sunday 23 November at 2 pm

see Judy Baker

The importance of Being Ernest - Lilydale Sunday 14 September at 2 pm

see Judy Baker

Santa Claus is coming to town. \$22/ticket. Pay before 28/10/2025. See newsletter for details.

* Outings & Trips Approved:

Nagambie trip:- Pam Walker sending out an email with full details. Money to be paid by 28/09/2025. Catering available on boat. \$2.50/head if bringing your own. \$25/head is buying on board.

see Pam Walker/Lorraine Cooper

Motion

That the activities report for September 2025 be received.

Moved: Irene Baird

Seconded: Anne Doull

Carried

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General Business:

None

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Mini speaker

Colin Neal

"Crossing the Simpson Desert"

The journey of seventeen 4-wheel drives across the Simpson desert. From Cobar to Oodnadatta and so on home through Williams Creek, Maree and the Flinders Ranges. An amazing journey through some tough conditions due to unexpected rain and incredible changes of scenery.

Well done Colin!

Fellowship Break

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Introduction of Speaker:-

Rita Webb

The speaker for **Monday 8th September** meeting is Greg Collis-Brown.

Greg is a highly experienced and well regarded musculoskeletal Physiotherapist, who has practiced physiotherapy for over 45 years.

After Greg completed his Graduate Diploma in Musculoskeletal Physiotherapy he commenced working in private practice in 1983. He continued in this role until 2024, a period of 39 years.

During this time, Physica has added two new physiotherapy clinics in the Yarra Valley and Knoxfield. Physica employs more than 30 practitioners, most of whom have a Master's Degree.

As a result, Greg and his team have grown to become one of the most respected and highly qualified physiotherapy clinics in Australia.

This talk covered all the aspects of Physiotherapy and its increasing importance to the medical profession.

For example,

A lot of work is being done in incontinence management at the moment.

Exercise management is decreasing the need for surgery, especially where knees are concerned eg the GIA:D program- a specialised exercise program for knee problems.

Falls, the biggest problem faced by the elderly today, can be managed and their incidence decreased by exercise.

Physio is having an increased profile in Oncology. Increasing exercise can reduce the risk of Breast Cancer. Bowel cancer survival rate is 71% with exercise, 57% without.

.....and many others.

Thank you given by Ellen Boyd

Meeting closed at 11.55am

Next Meeting is on Monday 13 Oct. 2025 in the Ajani Centre starting at 9.45am